

**And Your Lord says: " Pray to me, I shall  
acknowledge your call (Prayer)." (40:60)**

**QURANIC AND  
SPIRITUAL  
ANALYSIS  
OF DAY-TO-DAY  
PROBLEMS**

**SUNNI YOUTH FEDERATION  
167, DIMITIMKAR ROAD,  
NAGPADA, MUMBAI -400 008.**



ALLAH, IN THE NAME OF, MOST COMPASSIONATE, MOST MERCIFUL  
AS SALAATU WAS SALAAMU ALAIKA YA RASOOLALLAH  
(SALLAL LAAHU ALAIHI WASALLAM)

PUBLICATION NO. 3

**QURANIC AND  
SPIRITUAL ANALYSIS  
OF DAY-TO-DAY PROBLEMS**

*translated into Urdu by*  
**Sahib-e-Sajadah Shah Ale Rasul Hasnian Mia**  
**Barakaati Marahrerwi**

*recorded by*  
**Hazrat Sayyid Ishaaq Hassan Sharar Marahrerwi**  
**(Rahmatullahi Alaih)**

*translated into English by :*  
**Maulana Abdul Hadi Al Qaderi Barakaati Radawi**  
**(President - The Imam Ahmed Raza Academy)**

**PUBLISHED BY :**  
**SUNNI YOUTH FEDERATION**  
**167, DINTIMKAR ROAD,**  
**NAGPADA, MUMBAI - 400 008.**

**QASID KITAB GHAR**  
Mohammad Hanif Razvi Nagarchi  
Near Jamia Masjid, Arcot Dargah,  
BIJAPUR-586104, (Karnataka)



## THIS BOOK IS DEDICATED TO:

HAZRAT SYED-UL-ULEMA, SANAD-UL-HUKAMA ALHAJ SYED SHAH ALEY MUSTAFA SYED MIYAN QUADIRI BARAKAATI AND HIS BELOVED BROTHER AHSANUL-ULEMA, TAAJUL URAFA, PEER-E- TAREEQAT, SYED SHAH MUSTAFA HAIDER HASAN MIYAN HUSSAINI BARAKAATI (RADI ALLAHU ANHUMA), MAREHRA SHAREEF, INDIA.

First Edition : July 1996 - 3000 copies

Islamic month of Safar 1417.

Published by : THE IMAM AHMED RAZA ACADEMY,  
SOUTH AFRICA.

Second Edition: January 1997 - 2000 copies

Islamic month of Ramadhan 1417.

**Price : Rs. 5/-**

### PUBLISHER'S NOTE

Permission is granted to the one who wishes to print this book in its original form or to translate it into any other language. The permission is granted on the condition that the paper used in printing will be of good quality and the design of the text and the setting will be properly and neatly done without any mistake.

## CONTENTS

	Page
Preface	
GOOD DEEDS	1
OPTIONAL SALAAH	1
WAZIFAS TO RECITE AFTER EVERY SALAAH	2
QURANIC SUPPLICATIONS	2
FORGIVENESS OF SINS	3
PROTECTION FROM PUNISHMENT IN THE GRAVE	3
DANGERS OF LUST	3
OPTIONAL FASTS	3
RECITATION OF DUROOD SHAREEF AND ISTIGHFAAR	4
ADAAB OF RECITING THE QURAN SHAREEF	4
PROTECTION FROM THE HARDSHIPS OF SAKARAAT	5
QUESTIONING IN THE QABAR SHAREEF	5
KEEPING OF THE SHAJRAH SHAREEF IN THE QABAR	6
PREPARATIONS TO BE MADE FOR DEATH	6
METHOD OF PERFORMING SOME SPECIAL SALAAH	7
OBTAINING HALAAL SUSTENANCE	8
VISITING OF THE GRAVE	9
SIGNS OF THE AWLIYA	9
METHOD OF MAKING ISTIKHAARA	10
EASE FROM HARDSHIP OF THE WORLD	11
PROTECTION OF INTEGRITY AND HONOUR	12
METHOD OF OBTAINING BARAKAT	12
FREEDOM FROM DEBTS	13
PROTECTION AGAINST ALL CALAMITIES, OMENS, ETC.	14
PROTECTION FROM TYRANNY AND OPPRESSION	15
D'UA BEFORE SLEEPING	15
D'UA BEFORE COMMENCING JOURNEY	16
PROTECTION AGAINST ENEMIES	17
LINEAGE	17

This book is a translation of the book "Asraar-e-Khandaan Mustafa (Faiz-e-Aam)" by Hazrat Sayyid Ale Rasool Hasnain Barakaati. Open permission is granted to all Sunnis to recite the Wazaa'if found herein on condition that they must be used for good virtue and intention.



## PREFACE

All Praises and Glory is due to Almighty Allah, Who is the Lord of the worlds, and choicest blessings and salutations upon His Beloved, Sayyiduna Muhammad Mustapha (*sallal laahu alaihi wasallam*) who is the leader of all the Prophets. Peace and blessings upon the Sacred Household and the illustrious Sahaba (*radi Allahu anhum ajma'in*) who received divinely blessed light from Noor-e-Muhammadi (*sallal laahu alaihi wasallam*).

Let it be known, that in 1229 Hijri, this sinner, Na'eem-ud-deen, of Jalaalpur undertook a journey from Banaras to Dehli. My intention was to meet and become a Disciple (Mureed) of the grand master of Hadith Shareef, the honourable Hazrat Shah Abdul Azeez Muhaddith Dehlwi (*may Allah bless me with his Barakaat and Fayz*). On my arrival in Dehli, I was privileged to be initiated as a Mureed on his sacred hands. For a long time, many questions and unsolved problems were ringing in my mind which needed to be answered. I found the time appropriate in the presence of this Grandmaster and hence, took full advantage of this opportunity. I was sure that the answers of the Murshid-e-Kaamil will lead me on the righteous path towards Jannah.

May Almighty Allah, through His Infinite Mercy, grant us the strength and guidance to execute the commands and advices for endless bliss. *Ameen!* This dialogue is presented to the readers in a question and answer form for better understanding.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

نَحْمَدُهُ وَنُصَلِّي عَلَى رَسُولِهِ الْكَرِيمِ

## GOOD DEEDS

**Question:** What is the best method of performing good deeds and abstaining from all the prohibitions of Shariah?

**Answer:** For the abstention from the prohibition of the Shariah, one should excessively recite this daily,

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

and with great devotion, engage oneself in the Zikr of **NAFI-WA-ITH'BAAT** i.e.,

لَا إِلَهَ إِلَّا اللَّهُ

to awaken the lazy and sleeping heart. Furthermore, it is most beneficial to recite daily, morning and evening. Surah Falaq and Surah Naas.

## OPTIONAL SALAAH

**Question:** Besides the 2 Rak'ah Sunnah and the 2 Rak'ah Fardh of Fajr; 4 Fardh and 2 Sunnah of Zohr; 4 Fardh of Asr; 3 Fardh and 2 Sunnah of Maghrib; 4 Fardh, 2 Sunnah and 3 Witr of Esha which I perform, are there any other Salaah besides the five prescribed times to be read, and what are they?

**Answer:** Always be punctual in your five times daily Faraa'id and Sunnah. If time permits, perform 4 Rak'ah with one Salaam after Zawaal and before Zohr Salaah. It is also Mustahab (preferable) to perform 4 Rak'ah before the Asr Salaah and Salaatul Awaabeen be-



tween Maghrib and Esha Salaah. This Salaah consists of either 6 Rak'ah or 20 Rak'ah. Another excellent Salaah is that of Ishraaq, which is read 20 minutes after sunrise till Zawaal. This Salaah consists of 4 Rak'ah. Also Salaatul Tahajjud performed after midnight until Subh-o-Saadiq (Dawn). This Salaah is read like Taraweeth with an option of 2 Rak'ah or 12 Rak'ah. They are read in sets of two Rak'ah, and Tasbih after every 4 Rak'ah.

### WAZIFAS TO RECITE AFTER EVERY SALAAH

**Quest:** What Tasbih or Wazifas are read after the 5 daily prayer?

**Answer:** After Fajr Salaah, read 100 times:

لَا إِلَهَ إِلَّا اللَّهُ الْمَلِكُ الْحَقُّ الْمُبِينُ

If time permits after Zohr, then read 55 times :

حَسْبِيَ اللَّهُ وَنِعْمَ الْوَكِيلُ

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَلَا حَوْلُ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

and if time is short, then read it 50 times. Read Tasbih-e-Fathima after Asr (33 times Alhumdulillah, 33 times Subhaan-Allah, 34 times Allahu Akbar). After Maghrib Salaah, recite Kalima Tamjeed 500 times and finally after Esha Salaah, recite Durood Shareef 100 times, facing Madinatul Munnawarah, imagining that you are in the presence of Sayyiduna Rasoolullah (sallal laahu alaihi wasallam).

**[Trans. note]:** Recite Durood-e-Ibrahim, as this is an excellent Durood Shareef and very often prescribed in the Hadith Shareef.

### QURANIC SUPPLICATIONS

**Question:** What Quranic Manajaat (supplication) are to be read?

**Answer:** The Noble Mashaa'ikh and Awliya state that all ayahs com-

mencing with "Rabbana" are Manajaat (supplication). They should be read day and night.

### FORGIVENESS OF SINS

**Question:** What can you prescribe for Af'wo Jara'im (forgiveness of sins) and Aaqibit bil Khair (death with Imaan)?

**Answer:** Excessive Istighfaar (Taubah) helps in forgiveness of sins and Aaqibit bil Khair. The recitation of Ayatul Kursi and the Zikr of Kalima Tayyabah daily after every Salaah is most effective.

### PROTECTION FROM PUNISHMENT IN THE GRAVE

**Question:** What is read for the protection of Azaab (punishment) in the grave?

**Answer:** Recite Surah Mulk (29 Para) and Surah Hameem Sajda daily after Esha Salaah. It has the same benefits.

### DANGERS OF LUST

**Question:** How does one guard oneself from the disastrous lust of the Nafs (desires) and interference of Shaitaan, the cursed?

**Answer:** Make it a good habit of reading:

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

excessively at all times, and 11 times each Surah Falaq and Surah Naas after every Fajr and Maghrib Salaah.

### OPTIONAL FASTS

**Question:** Besides the fasts of Ramadaan, in which other months must one observe fast?

**Answer:** Besides Ramadaan-ul-Mubaarak, the 9th of Zil Hajj is very virtuous. It is said that this one day fast washes away two years of sins. The fast of Yaumul Ashura (10th Muharram) also has a very great benefit. It washes away one whole year sins. Besides these two fasts, it is Sunnah to observe fast on the 13th, 14th and 15th of every



month (lunar). These are known as fasts of Ayaam-e-Baydh (Day of Whiteness). Fasting in the first or last days of every month is Mustahab (preferable). Likewise, it is excellent to habitually fast on a Monday and Thursday. The fast of the 15th of Shabaan (Shab e Baraat); six days after Eid-ul-Fitr; the first nine days of Zil Hijjah are certainly of great virtue. Besides these fasts, keep as much fasts as possible, because there is nothing but benefits and Thawaab (reward) for them.

#### RECITATION OF DUROOD SHAREEF AND ISTIGHFAAR

**Question:** Please enlighten me about the constant recitation of Durood Shareef and Istighfaar ?

**Answer:** If possible, every night before sleeping, or on the eve of a Friday (i.e. Thursday night, since the Islamic date changes after Maghrib Salaah), recite 100 times, the following Durood Shareef:

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ النَّبِيِّ الْأُمِّيِّ وَبَارِكْ وَسَلِّمْ

and if Almighty Allah's Taufeeq (guidance) is with you, then recite Sayyidul Istighfaar as your daily practice before sleep. Sayyidul Istighfaar is recited as follows:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا عَبْدُكَ وَأَنَا  
عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ أَعُوذُ بِكَ مِنْ شَرِّ مَا  
صَنَعْتَ أَلْبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي  
ذُنُوبِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

#### ADAAB OF RECITING THE QURAN SHAREEF

**Question:** What are the Adaab (ethics) of reciting the Quran Shareef?

**Answer:** As much as possible, try to face the Qibla when reciting the Quran Shareef. Pronounce every Huroof (alphabet) correctly with

Tajweed. Pay special attention to the Madd, Tashdeed, Fatah, Kasra and Dammah (Zabar, Zer and Pesh). Observe all the Waqfa (stops). These are a few of the external ethics (Zaahir).

As far as the Baatin (hidden) codes are concerned, it is of paramount importance. Firstly, the (junior) reciter must imagine that he is in the presence of Almighty Allah and that Almighty Allah is listening to his recital from a very high pedestal. For the more senior and intensive reciter, he must think that whatever he is reading is being conveyed directly from Almighty Allah.

#### PROTECTION FROM THE HARDSHIPS OF SAKARAAT

**Question:** How can one save oneself from the terrible pains and hardships of Sakaraat (Ja' kuni - time of death)?

**Answer:** Make it a habit to recite Ayatul Kursi and Surah Ikhlâas daily to lessen the hardship of Sakaraat. Surah Mulk recited daily before going to bed is for security and freedom from the punishment of the grave. Surah Dukhaan is also prescribed for the same purpose.

#### QUESTIONING IN THE QABAR SHAREEF

**Question:** Can you advice or suggest of any method whereby one can build courage and confidence to answer the questions posed to him or her in the grave by Munkar and Nakier (the Angels of death)?

**Answer:** Let this answer be on one's lips at all times, and also write and keep it with you (in the form of a Tawëez):

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ رَضِيتُ بِاللَّهِ  
رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِسَيِّدِنَا مُحَمَّدٍ نَبِيًّا وَرَسُولًا وَبِالْقُرْآنِ إِمَامًا وَبِالْكَعْبَةِ  
قِبْلَةً وَبِالْمُؤْمِنِينَ إِخْوَانًا وَبِالْحَقِّقِ وَالْفَارُوقِ وَبِذِي التَّوَرَيْنِ وَبِالْمُرْتَضَى  
أَبِيهِ رِضْوَانِ اللَّهِ عَلَيْهِمْ مَرْحَبًا بِالْمَلَائِكِينَ الشَّاهِدِينَ الْحَاضِرِينَ وَأَشْهَدُ بِأَنَّا شَهِدُ  
أَنَّ لَا إِلَهَ إِلَّا اللَّهُ وَأَنَّ مُحَمَّدًا رَسُولُ اللَّهِ عَلَى هَذِهِ الشَّهَادَةِ نَحْيِي وَعَلَيْهَا نَمُوتُ  
وَعَلَيْهَا نَبْعَثُ إِنْ شَاءَ اللَّهُ تَعَالَى



## KEEPING OF THE SHAJRAH SHAREEF IN THE QABAR

**Question:** *Should one keep the Shajrah in the grave or not? If one should do so, then what is the correct procedure to adopt?*

**Answer:** To keep the Shajrah in the grave is an old practice of the Awliya and the Mashaa'ikh. There are two methods of doing this. The first method is to keep it on the Kaffan or on the chest of the deceased. But the honourable and learned Fuqaha (Jurists) have objected to this, because at times the body bleeds and discharges impurities that will soil the Shajrah. This will be gross disrespect to the names of the Mashaa'ikh printed or written therein. The second method is safe and recommended, that a recess be dug on the head-side of the grave and the Shajrah Shareef be placed in it.

## PREPARATIONS TO BE MADE FOR DEATH

**Question:** *What must be done if there are signs of assurity that a sick person will die in a few days?*

**Answer:** When such signs are visible, then the family should give Ghusal to the patient. If this is not possible, then wudhu should be given. If this is also difficult, then perform the Tayammum for him or her. Lay the sick on the bed in such a manner, that his or her face is towards the Qibla, and sprinkle some Ittar on or around him. Do not discuss any worldly matters in his or her presence, nor express grief or cry. Request all those who are very beloved or close to the patient (e.g. wife, son, daughters, etc.) to avoid sitting in his or her presence. However, if the sick calls for them, then they should present themselves, but not for long periods. Recite Kalima loud in front of him or her, so that he or she may repeat after you. Never order or command the sick to do so (read the Kalima) as they may refuse to do so in their state of unconsciousness and due to the effects of hardship (of Sakaraat). This may result in the person leaving the world without Imaan (Allah Forbid!). Avoid discussing the hardships of death and the grave. Instead, speak of the infinite Mercy

and bounties of Almighty Allah. Speak of the Shafa'at (Intercession) of Sayyiduna Rasoolullah (sallal laahu alaihi wasallam) and of the pious and noble Awliya Allah. Wholeheartedly, accept all instructions and Wasayat made by the dying person in those crucial moments, and give him or her the assurity that these will be fulfilled. Recite loudly, Surah Yaseen, Surah Faatiha, Surah Ikhlâas and other verses of the Holy Quran. Keep him or her as comfortable and relaxed as possible.

## METHOD OF PERFORMING SOME SPECIAL SALAAH

**Question:** *What is the correct method of performing the following Salaah: Salaatul Istisqa (rain). Salaatul Gahan (eclipse of sun and moon) and the Salaah of Ashura?*

**Answer:** The method of performing Salaatul Istisqa is that the head (leader) of the village or city should lead all the Muslims to the Eid Gaah or open field for three days in succession. It is recommended to wear old clothes and walk barefooted towards the Eid Gaah as a sign of humility. Do not express or emit signs of Eid Celebrations. The barefooted journey to the Eid Gaah must be with great simplicity and humility. At the Eid Gaah or field, the Imam will lead 2 Rak'ah Salaah with Qiraat aloud. Then, he will read the Khutba by invoking the Merciful Names of Almighty Allah and beg for pardon for the sins of the people. While the D'ua is being read, the Imam will constantly move his head to the right, left, top and bottom. This is the D'ua taught in the Hadith Shareef:

اللَّهُمَّ اسْقِنَا غَيْثًا مُغِيثًا مَرِيًّا مَرِيْعًا نَافِعًا غَيْرَ ضَارٍّ عَلَاجًا غَيْرَ أَجَلٍ  
اللَّهُمَّ اسْقِ عِبَادَكَ وَبَهَائِمَكَ وَأَنْشُرْ رَحْمَتَكَ وَأَجِبْ بَلَدَكَ الْمَمِيَّتَ

The eclipse (solar) Salaah consists of 2 Rak'ah Nafil. The Imam will lead the congregation with silent Qiraat. It is best to recite as



much Quran as possible in both Rak'ah. Thereafter, engage in D'ua and Istighfaar until the eclipse is over.

Pertaining to Ashurah Salaah, the Noble Mashaa'ikh have prescribed 2 Rak'ah Nafil after the sun has risen (approximately one to two hours after sunrise). In the first Rakaat, after Surah Faatiha, recite Ayatul Kursi. Surah Faatiha and the last Ayahs of Surah Hashr should be recited in the second Raka'ah. After the Salaam, recite Durood Shareef as much as possible. Other Mashaa'ikh prescribe 6 Rak'ah by reading after Surah Faatiha, Surah Wash Shams in the first Rakaat, Surah Inna Anzalna in the second, Surah Iza Zulzilatil Ard in the third, Surah Ikhlaas in the fourth, Surah Falaq in the fifth and Surah Naas in the sixth Rakaat. After the termination of the Salaah, go into Sajdah (Prostration) and pray to Allah for the fulfilment of your legitimate needs.

#### OBTAINING HALAAL SUSTENANCE

**Question:** *How does one go about obtaining Halaal Rizk (sustenance) nowadays?*

**Answer:** At all times, there are 4 basic ways of obtaining Halaal Rizk, which are as follows:

1. Employment service with a condition where you may not be an accessory to Kufr and oppression. This also includes any Haraam or forbidden transaction.
2. Farming on condition that no worker is unjustly deprived of his or her rights and all transactions to be in accordance with the laws of Shariah.
3. Trade and Commerce: Here too, only those commodities of trade that are not contradictory to the Shariah. Correct weights and amounts must be considered strictly.
4. Work of Art and Craft: This too hinges on honesty.

#### VISITING OF THE GRAVE

**Question:** *Kindly explain the correct method of visiting the grave?*

**Answer:** When you visit the general Muslim graveyard, then greet the dwellers of the grave in the Sunnah method:

السَّلَامُ عَلَيْكُمْ أَهْلَ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ. يَغْفِرُ اللَّهُ  
لَنَا وَلَكُمْ وَإِنَّا بِشَاءِ اللَّهِ بِكُمْ لِلْآخِرُونَ.

Approach the grave from the leg-side and face the grave at the chest with your back facing the Qibla. Recite Surah Faatiha once and Surah Ikhlaas three times. Then, make D'ua for the deceased. When visiting the grave of a Wali, then approach the grave as if you would approach him when he was physically alive. Exercise great respect and humility and approach from the feet-side. Reach to the Wali's chest position and sit down in the Attahiyat position, that is, face to face. Here, the following should be recited 21 times:

سُبُّوحٌ قُدُّوسٌ رَبُّنَا وَرَبُّ الْمَلَائِكَةِ وَالرُّوحِ

This is read in a Zikr pattern by striking (Darb) on the ear. Thereafter, recite Surah Inna Anzalna thrice and divert the heart from all thoughts and images. Now, engage in deep meditation, imagining that your heart and the heart of the Wali are together. If this stage is achieved, then Insha-Allah, you will achieve the Barakah of the Wali entering your heart.

#### SIGNS OF THE AWLIYA

**Question:** *How does one establish whether any grave is that of a Wali or ordinary Muslim or not, and if it is known that a Wali lies there, then how is one to achieve benefits from him?*

**Answer:** Some Mazaars are well-known and it is certain that they



are of Awliya. Hence, this procedure is to be adopted when visiting them: Go to the head-side of the Mazaar and place the Shahadah finger on the grave. Recite the beginning of Surah Baqarah till Muflihoon. Then go to the leg-side of the Mazaar and placing the Shahadah finger on the grave recite Amanar Rasoolu till the end of the Surah. Thereafter, say the words: "O Noble Wali! I plead in the Divine Court of Almighty Allah for the fulfilment of my desires. I humbly request of you to please make D'uas for me to Allah, to grant my desires". Then face the Qibla and present your case to the Merciful Allah.

If you pass by any unknown grave, and if you doubt whether it is that of a Wali or not, then this is what you should do: present yourself at the grave and offer Faatiha. Recite the normal Surahs, Durood Shareef and Zikr (already mentioned in the previous question). Thereafter, sit at the chest of the grave in Muraaqiba (meditation). While in Muraaqiba, if you feel tranquillity and spiritual happiness then it is certain that the grave is that of a pure and relaxed soul. It is always wise and advisable to seek spiritual bliss and blessings from known and famous Mazaars of Awliya, rather than unknown graves.

#### METHOD OF MAKING ISTIKHAARA

**Question:** *What is the method of making Istikhaara?*

**Answer:** The easiest procedure of Istikhaara is as follows: Perform Esha Salaah with fresh Wudu. Recite Durood Shareef 11 times with absolute concentration and devotion. Then, recite the Tasmiyah (Bismillah) 100 times followed by Surah Alam Nashrah 70 times. Terminate this procedure with 11 times Durood Shareef. Now, blow on the palms of your hand and rub them on your face. After completing the above mentioned actions, make the following D'ua in the Bargaah of Almighty Allah: "O Allah! I seek your command in whatever I intend doing. Please inform me of your decision in my dream or through any other secret sign, whether I should proceed or

not". After the D'ua, read this Durood Shareef 100 times:

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ بَعْدَ كُلِّ مَعْلُومٍ لَكَ

#### EASE FROM HARDSHIP OF THE WORLD

**Question:** *Can you prescribe some D'uas to ease or eradicate the hardships of the Duniya (world)?*

**Answer:** D'ua-e-Karb is most effective for this purpose. Read it when and how you desire. This is D'ua-e-Karb:

لَا إِلَهَ إِلَّا اللَّهُ الْحَكِيمُ الْكَرِيمُ سُبْحَانَ اللَّهِ رَبِّ الْعَرْشِ الْعَظِيمِ  
اللَّهُمَّ إِنِّي أَسْأَلُكَ مُوجِبَاتِ رَحْمَتِكَ وَغُزَائِلَ مَغْفِرَتِكَ وَالْغَنِيمَةَ  
مِنْ كُلِّ بَرٍّ وَالسَّلَامَةَ مِنْ كُلِّ آثِلٍ لَا تَدْعُنِي ذَنْبًا إِلَّا غَفَرْتَهُ  
وَلَا هَمًّا إِلَّا مَزَجْتَهُ وَلَا حَاجَةً لِي مِنْ حَوَائِجِ الدُّنْيَا وَالْآخِرَةِ  
إِلَّا قَضَيْتَهَا يَا أَرْحَمَ الرَّاحِمِينَ

The reading of Khatam-e-Khwaajegan is also a means of easing the hardships of the world. The method of reading this Khatam-e-Khwaajegan is famous and easily available. Furthermore, the Khatam of

يَا بَدِيعُ الْعَجَائِبِ بِالْخَيْرِ يَا بَدِيعُ

also has it's unique powers. This is read 1,200 times with Durood Shareef 100 times at the beginning and 100 times at the end. This can be read individually or collectively.



## PROTECTION OF INTEGRITY AND HONOUR

**Question:** What can you advise me for the protection of one's integrity (Izzat) and honour (Aabro)?

**Answer:** Read Ya Azeezu 41 times after Fajr Salaah and blow on your face. Do the same before visiting any officer or magistrate. Try to engrave this Glorious Name on a piece of silver and use it in the ring in place of a stone. The engraving has to be done very carefully as noted below, in the form of a Taweez:

٧٨٦

ع	ز	ي	ز
ز	ي	ز	ع
ز	ع	ز	ي
ي	ز	ع	ز

The ring is then to be worn on a finger of the right hand, when visiting an officer or courtroom. It must be kept on the finger till the case or meeting concludes.

## METHOD OF OBTAINING BARAKAT

**Question:** Please prescribe something for Barakat in sustenance?

**Answer:** Make it a habit of performing 4 Rak'ah of Chasht Salaah. After the Salaam, go into Sajda and read: Ya Wahaab (100 times). If time does not permit, then read it 50 times. Recitation of Surah Khaaf on a Friday is very effective and proven for Barakat in Rizk. Besides these, recite Surah Waaqi'ah daily after Maghrib and Esha Salaah. It has great benefit. There are many other Wazaa'if for Barakat in Rizk. One is the deliberation of Ya Mughni. This is read 100 times after Fair Salaah daily and if time permits, then 1 000 times. The other

way is to recite Surah Muzzammil 21 times daily after Esha Salaah. If 21 is not possible, then recite it 7 times, and if this too is still difficult, then recite at least once. When you reach the ayah:

رَبِّ الْمَشْرِقِ وَالْمَغْرِبِ لَا إِلَهَ إِلَّا هُوَ فَاتَّخِذْهُ وَكِيلًا اللَّهُمَّ  
إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ  
وَأَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ اللَّهُمَّ اكْفِنِي بِحَلَالِكَ  
عَنْ حَرَامِكَ وَأَغْنِنِي بِفَضْلِكَ عَنْ مَنِّ سِوَاكَ -

then read 25 times

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

and thereafter complete the Surah.

## FREEDOM FROM DEBTS

**Question:** Please teach me some Wazifas to read so that I may be freed from the clutches of debts and credits?

**Answer:** Recite this D'ua 3 times daily after every Salaah:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ وَأَعُوذُ بِكَ مِنَ الْعَجْزِ  
وَالْكَسَلِ وَأَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ اللَّهُمَّ  
اكْفِنِي بِحَلَالِكَ عَنْ حَرَامِكَ وَأَغْنِنِي بِفَضْلِكَ عَنْ مَنِّ سِوَاكَ



## PROTECTION AGAINST ALL CALAMITIES, OMENS, ETC.

**Question:** What is read to protect oneself from all calamities, bad omen and undesirables of the world?

**Answer:** Read the following 33 Ayahs daily after the evening Salaah:

1. 4 Ayahs of Surah Baqara from the beginning till **مُفْلِحُونَ**
2. 3 Ayahs of Ayatul Kursi from the beginning till **خَالِدُونَ**
3. 3 Ayahs of Surah Baqarah from **لَا إِلَهَ إِلَّا اللَّهُ** till the end of the Surah
4. 3 Ayahs of Surah Al Ah'raaf from **إِنْ رِئُوسُ اللَّهِ** till **الْمُحْسِنِينَ**
5. 2 Ayahs of Surah Bani Isra'el from **قُلْ ادْعُوا اللَّهَ أَوْ ادْعُوا الرَّحْمَنَ** to the end of the Surah
6. 10 Ayahs of Surah Was'Saaft from the beginning to **لَا زِبْ**
7. 3 Ayahs of Surah Rahmaan from **يَا مَعْشَرَ الْجِنِّ** to **فَلَا تَتَّبِعِرْنَ**
8. Three last Ayahs of Surah Hashr from **لَوْ أَنزَلْنَا هَذَا الْقُرْآنَ** till the end of the Surah
9. 2 Ayahs of Surah Jin from **قُلْ أُوْحِي إِلَيَّ** to **شَطَطًا**

If you have any difficulty in finding time to read the above mentioned Ayahs, then read Ayatul Kursi 10 times and Ya Hafeezu 2000 times in the morning. Hisbul Bahr is also an excellent D'ua for this purpose.

## PROTECTION FROM TYRANNY AND OPPRESSION

**Question:** How can one protect oneself from the tyranny and oppression of the ruler (governor) and what is done to subdue him?

**Answer:** When you intend to go in the presence of such a ruler or officer, then read 17 times

**يَا رَحْمَنُ كُلِّ شَيْءٍ رَّاحِمُهُ يَا رَحْمَنُ**

and blow on your face. Furthermore, before leaving home, sit in one place, facing the house or office of the officer and read

**يَا مُقَلِّبَ الْقُلُوبِ**

200 times with Durood Shareef and make D'ua to Allah to subdue him with kindness. Thereafter, you may visit him. The amal of Ya Azeezu is also very potent for this cause which has been mentioned previously.

## D'UA BEFORE SLEEPING

**Question:** Sometimes, while sleeping, some weird things are experienced that create a tremendous amount of fear in one's heart. What can be done in this condition?

**Answer:** Before sleeping, recite Surah Falaq, Surah Naas and Ayatul Kursi once and blow on your chest. If this does not help, then read

**يَا شَدِيدُ**

3 times and blow on the entire body. Also read this D'ua before sleeping:

**بِسْمِكَ اللَّهُمَّ وَضَعْتُ جَنْبِي وَبِكَ أَرْفَعُهُ إِنْ شَاءَ اللَّهُ تَعَالَى  
إِحْفَظْنِي مِنْ نَوْحِي جَنْبِي بِمَا تَحْفَظُ بِهِ عِبَادَكَ الصَّالِحِينَ وَأَعُوذُ بِكَ  
مِنْ هَمَزَاتِ الشَّيَاطِينِ أَنْ يَحْضُرُونِ**



### D'UA BEFORE COMMENCING JOURNEY

**Question:** What is read before commencing a journey?

**Answer:** When you intend travelling and have done the necessary arrangements, perform 2 Rak'ah Nafil and read the following D'ua:

بِسْمِ اللَّهِ خَرَجْنَا بِسْمِ اللَّهِ وَلَجْنَا وَعَلَى رَبِّنا تَوَكَّلْنَا اللَّهُمَّ إِنَّا  
نَسْأَلُكَ خَيْرَ الْمَخْرَجِ وَخَيْرَ الْمَوْلِجِ اللَّهُمَّ هَوِّنْ عَلَيَّ السَّفَرَ هَذَا  
وَاطْوِلِي الْبُعْدَ كُنْ لِي صَاحِبًا فِي السَّفَرِ وَخَلِيفَةً فِي الْأَهْلِ اللَّهُمَّ  
اعِزَّنِي مِنْ وَعَثَاءِ السَّفَرِ وَكَأَبَةِ الْمُنْقَلَبِ وَسُوءِ النَّظَرِ وَ  
الْمَالِ وَالْأَهْلِ وَالْوَلَدِ اللَّهُمَّ زَوِّدْنِي فِي سَفَرِي هَذَا الْبِرَّ  
وَالتَّقْوَى وَمِنْ الْعَمَلِ مَا تَرْضَى

After reciting the above mentioned D'ua, use the Shahadah finger of the right hand and encircle all around your family, belongings and home while reading this D'ua:

بِسْمِ اللَّهِ لَا إِلَهَ إِلَّا اللَّهُ حَوالَيْنَا حِصَارَ وَمُحَمَّدٌ رَسُولُ اللَّهِ  
قُلُّ وَمُسَمَّارٌ دَخَلْتُ فِي حَرَمِ اللَّهِ وَفِي كَنْفِ اللَّهِ وَفِي حِمَايَةِ  
اللَّهِ الَّذِي هُوَ أَعَزُّ وَأَجَلُّ وَأَكْبَرُ مِمَّا أَخَافُ وَأَحْذَرُ  
إِلَهِي بَسْمِ دَسْتِ يَا دَرْبَانَ وَكُوشِ وَهَيْشِ كَسَانِيكَ مَا رَأَيْتُ بَدَلًا رَدَدَهُ كُنْدَ اَزْدَرْدَانِ وَ  
رَهَزَنَانِ وَغِيَارَانَ وَطَالْمَانَ وَاشْدَرِ غُلَاتِي اَزْدَرْدَنَ كَانِ وَكَزَنْدَ كَانِ وَحَبَرْ دَنَدَ كَانِ  
بِأَلْفِ بِأَلْفٍ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ وَصَلَّى  
اللَّهُ تَعَالَى عَلَى خَيْرِ خَلْقِهِ سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَاصْحَابِهِ أَجْمَعِينَ

After reading this Hisaar clap your hands (Dastak) three times and commence your journey. When you sit in your vehicle look at yourself and say "Bismillah hir Rahmaanir Rahim." If you suspect an encounter or any trouble during your journey, then read Ya Hafeezu 998 times, and blow on your belongings and yourself. Also recite Surah Quraish as many times as possible on the journey.

### PROTECTION AGAINST ENEMIES

**Question:** What is to be read as protection from your enemies?

**Answer:** The following D'ua is read for the protection from the evil of the enemies:

اللَّهُمَّ إِنَّا نَجْعَلُكَ فِي نُحُورِهِمْ وَنَعُوذُ بِكَ مِنْ شُرُورِهِمْ

There is no limit or time or condition of wudhu to read this D'ua. While reading, visualise your enemy in your heart and imagine that you are throwing a stone at his chest. Beside the above mentioned D'ua, Surah Lahab and Surah Feel have been said to have the same impact.

### LINEAGE

**Question:** What is the meaning of Hasab-o-nasab and Sharaafat-o-Najaabat?

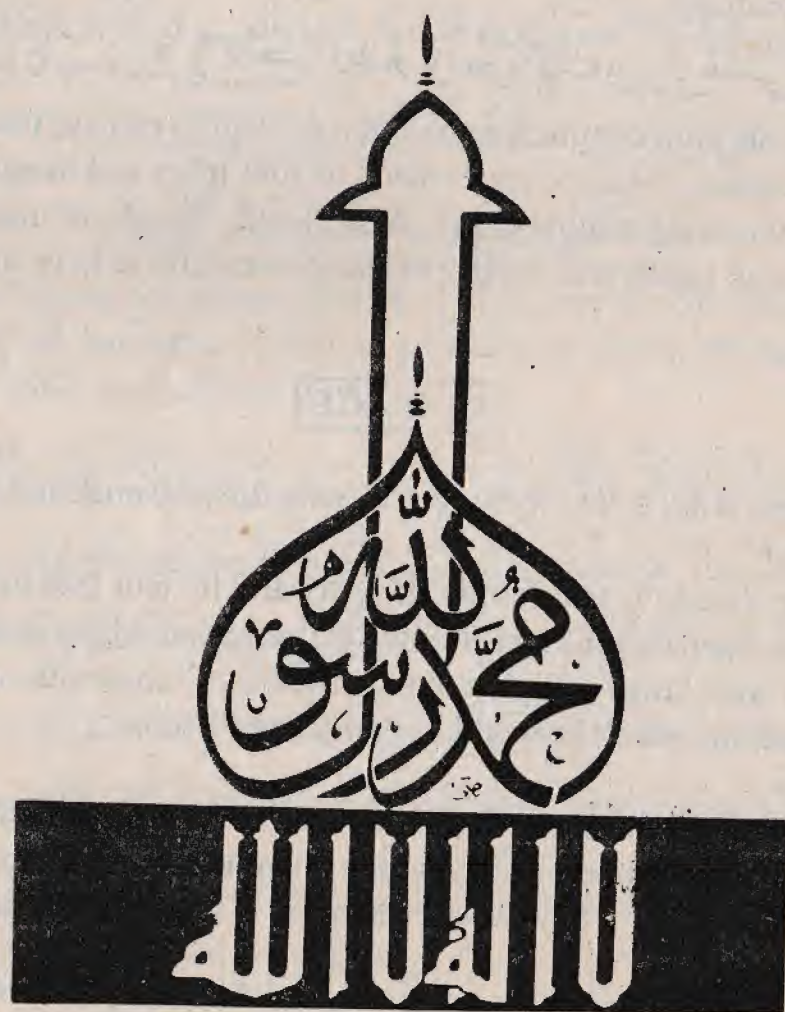
**Answer:** Hasab is that family integrity and honour that has manifested in 7 generations respectfully, e.g. a person whose seven generations were kings or high ranking officials of kingdoms, or whose 7 generations were Mashaa'ikh, Awliya and Ulema.

Nasab is the families' excellence that has never changed for generations, e.g. a descendent of Sayyiduna Imam Hassan or Hussain (radi Allahu anhumu), a Sayyid, a Hashmite, a Quraishi, Ibraahimi or Farooqi etc.



Some people have Hasab but no Nasab e.g. Taymooriya or Mogal (kings and kingdoms), Rajppot family, physicians, Descendants of Imam Abu Hanifa (radi Allahu anhu) etc. Some people have Nasab but no Hasab, a Sayyid whose 4 generations before him had no Mashaa'ikh, Ulema or Kings etc. Generally Sharaafat-o-Najaabat (Nobility and Integrity) refers to the prestige or status of Nasab.

**NB:** The above dialogue was recorded by Hadrat Sayyid Ishaq Hasan Sharar Mahrerwi (rahmatullah alai) on Sunday 24 Shawwal-al-Mukarram 1304 coinciding with 17 July 1887.



## WORDS OF WISDOM

A person who is mean to part with his wealth is always first and quick in giving his honour and respect (Izzat). (*Hazrat Ali al-Murtuda - radi Allahu anhu*)

When your sustenance narrows and decreases, repent (Istighfaar) to Allah and read your Kalima, Allah will increase His bounties and sustenance for you. (*Hazrat Ali al-Murtuda - radi Allahu anhu*)

One who exercises love and affection for his brother today will enjoy its reward tomorrow. (*Hazrat Imam Hussein - radi Allahu anhu*)

Value nobleness and excellence and hasten to achieve them. (*Hazrat Imam Hussein - radi Allahu anhu*)

No virtue is greater than piety and silence, and no enemy is greater than ignorance, and no sickness is greater than lies. (*Hazrat Imam Jaffer as-Sadiq - radi Allahu anhu*)

Always abstain from the company of five people:-

1. A liar who always keeps you in doubt.
2. An idiot who will try and do good for you that will turn out to be disastrous.
3. A miser who, for his personal insignificant gain, will put you into great problems.
4. A coward who will leave you in the lurch at the time of crisis.
5. An evil-doer or sinner who will betray you for a morsel and accept a much less reward. (*Hazrat Imam Jaffer as-Sadiq - radi Allahu anhu*)

A true believer (Mu'min) will never be unfaithful, treacherous or a liar. (*Hazrat Imam Moosa Kazim - radi Allahu anhu*)

Conceal hardship because you can achieve proximity (closeness) to Allah by it. (*Hazrat Sheikh Sayyid Abdul Qadir Jilani - radi Allahu anhu*)

Worldly people run behind the Duniya while the Duniya runs behind those who seek Allah. (*Hazrat Sheikh Sayyid Abdul Qadir Jilani - radi Allahu anhu*)



To seek Paradise without good practice (Amal) is a sin, to wait for intercession (Shafa'at) without practising Sunnah is a type of pride, and depending on Allah's Mercy by malpractice (disobedience) is ignorance and stupidity. *(Hazrat Sheikh Ma'roof Karkhi - radi Allahu anhu)*

Guard your tongue from self-praise as you guard it from sins. *(Hazrat Sheikh Ma'roof Karkhi - radi Allahu anhu)*

A person can never become perfect until he does not give preference to Deen (religion) over his personal desires. *(Hazrat Sheikh Sirri Saqti - radi Allahu anhu)*

One who cannot discipline ones self can never discipline others. *(Hazrat Sheikh Sirri Saqti - radi Allahu anhu)*

A Sufi is like the earth - even if impurities are thrown on it, it will flourish with lush greenery. *(Hazrat Sheikh Abul Qasim Junaid al-Baghdadi - radi Allahu anhu)*

An Arif (mystic) is he who at times cannot defend himself against a meek mosquito, but at times can carry the seven skies and earths with the tip of his eyebrow and throw them aside. *(Hazrat Sheikh Jafar Abubakr Shibli (radi Allahu anhu)*

Always speak softly and lovingly with the creation of Allah. *(Hazrat Sheikh Barkatullah Sha - radi Allahu anhu)*

Never ever go to the home of those who pass their time in play and amusement. *(Hazrat Sheikh Barkatullah Sha - radi Allahu anhu)*

Never make an unclear or controversial statement that can be misinterpreted thus leading to embarrassment and problems. *(Hazrat Sha Ale Ahmed Ache Mia - radi Allahu anhu)*

Always suppress your Nafs and keep it quiet from talking and exposing secrets of the bounties and transactions between yourself and Allah, and whatever Ibaadah or worship you do of Allah must remain a top secret. *(Hazrat Sha Ale Ahmed Ache Mia - radi Allahu anhu)*

**QASID KITAB GHAR**  
Mohammad Hanif Razvi Nagarchi  
Near Jamia Masjid, Arcot Dargah,  
BIJAPUR-586104, (Karnataka)



The Holy Prophet Hazrat Muhammad (Peace be upon Him) is reported to have said: My Ummah will be divided into 73 sections; 72 of them will be deserving of Hell and only one will enter Paradise. The Prophet's companions asked: O Allah's Apostle ! Who will be that one section which will enter the Paradise ? The Holy Prophet (Peace be upon Him) said: They will be those who will follow my Sahabah to obey my Sunnah. It is in the light of this tradition that those who follow the sayings of the Holy Prophet (Peace be upon Him) and the acts of his companions, are called Ahlus Sunnat wal Jama'at.

The Sunni Youth Federation is an organisation of the youths of Ahlus Sunnat wal Jama'at which aims at safeguarding the common Muslims from the astray groups and organisations which mislead and misguide the common Muslims in the name of Islamic preaching. The need of the hour is to educate the Muslim masses with the fundamental and accurate knowledge of their religion and faith. With this mission the Sunni Youth Federation is working on various platforms with the sole objective of strengthening the beliefs of common Muslims. We solicit your co-operation in furthering the Maslak-e-Ahle-e-Sunnat.

**Join us .**

**SUNNI YOUTH FEDERATION  
167, DIMITIMKAR ROAD,  
NAGPADA, MUMBAI -400 008.**

**And Your Lord says: " Pray to me, I shall  
acknowledge your call (Prayer)." (40:60)**

## **QURANIC AND SPIRITUAL ANALYSIS OF DAY-TO-DAY PROBLEMS**

**SUNNI YOUTH FEDERATION  
167, DIMITIMKAR ROAD,  
NAGPADA, MUMBAI -400 008.**